

FOGSI NORTH ZONAL CONFERENCE WITH YUVA

Surakshith Dharti Surakshith Nari Hai Humari Zimmedari

25th - 27th MARCH 2022

Nirvana Hotel Banquets Club, Ludhiana

www.fnzyludhiana.in



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*Welcome
Message*

The focus will be on academics to refresh our knowledge in the field of women health.

The sessions will be led by renowned international and regional experts in the field, through keynotes, discussions, debates, cross talks, quiz sessions and case presentations that will provide the necessary knowledge to delegates to stay abreast of the latest in their fields.

Punjab has a rich cultural and culinary heritage. There will be ample transport facility available for the delegates to move within the city and also for the trips to the Golden Temple, Amritsar, Chandigarh, Bhakra Dam, Chintpurni Mandir and Anandpur Sahib.

Dear friends,

It is a proud privilege for the Ludhiana Chapter of obstetrics and gynecological society to host the FOGSI North Zonal Conference with YUVA at Ludhiana from 25th to 27th

March 2022 at Nirvana Hotel Banquets Club. This conference is being held in the state of Punjab for the first time. We are eagerly looking forward to welcome you all to the Manchester of Punjab .

The core organizing committee of Dr. Vidhu Modgil, Dr. Gitanjali Kaur & Dr. Venus Bansal is working hard and tirelessly to put together this academic extravaganza.

We welcome you all with open arms and folded hands to come and enjoy legendary Punjabi hospitality.

Dr Vidhu Modgil

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Dr Venus Bansal

Organising Secretary

Dr Gitanjali Kaur

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Organising Committee

Abstract Guidelines

b. Material & Methods

Poster Guidelines

- Keep all elements of your poster (pictures, tables, graphics, drawings, photos) simple.
 - Make sure that the poster speaks for itself and does not require extensive explanations.
 - The abstract text to be limited to 250 words and is to be structured with the following
3. Changing trends in fertility
- It is also useful to have A4 sheet handouts similar to the poster. This provides a useful 'take-away' resource. Please make sure you provide your contact details on the handout.

Call for abstract for free paper and poster presentation

Abstract and Poster Theme

1. Safe motherhood: Surakshit Naari
 2. Changing environment and women health: Surakshit Dharti
 - d. Conclusions
 5. Miscellaneous
- Abstract must be submitted in English, Font size 12 pt, Calibri
 - Send a copy of the abstract and scanned copy of registration fee receipt to: fnzyludhiana@gmail.com
 - Abstracts must be received by the announced deadline. Abstract received after the deadline will not be considered.
4. Safety in operating room
- Presenting author of abstract must be registered participant

Time limit for oral/video presentation is 6 min & for discussion 2 min.

- Abstract submission opens 1st January 2022
 - Abstracts must be original and must not be or have been published or presented at any other meeting
 - Abstract acceptance notification: 15th March 2022
- c. Results
- Last date to submit abstract: 10th March 2022
- a. Introduction
- Poster size will be 3ft width x 4ft height
 - Remember that the visitor has to be able to read the text from a distance of up to 1.5M
 - Plan your layout in such a way that the viewer can move her/his eyes from left to right and from top to bottom with appropriate breaks.
 - Try to prepare a poster in one part – if constructed with many parts make sure to know the order.
 - References can be presented in smaller font size, but you will need to restrict the number of

references to a maximum of 6.

- Poster orientation should be in portrait mode

List of Places to visit Ludhiana

Gurudwara Nanaksar Jagraon: The Gurudwara Nanaksar Jagraon is a holy shrine in Moga, it is a gurudwara (Sikh temple), and hundreds of people visit this place all the year round and get to experience the divine presence at the gurudwara. The people in Punjab, the locals, the devotees, the followers and the tourists come to this holy place in large numbers and seek blessings from the lords for themselves and their family's well being. This is famous as the memoir of Guru Gobind Singh and is situated in Ludhiana at the banks of the Nanaksar Sarovar. The prominent feature of this shrine is its five- day festival; this is why they experience a lot of visitors and devotees.

Rakh Bagh Park: With lush green landscape and a toy train, Rakh Bagh Park of Ludhiana is a favourite spot for children, joggers and walkers. The park is a leisure space for the locals and tourists with its well-maintained garden. Revamped from the British Era the toy train never ceases to grab the attention of the children as it rides around the park. Both morning and evening walkers aren't left behind either; a jogging track encloses the park. The park is surrounded by tracks for bicycle riders and it houses exercising machines on the children's play area. There are food joints in and around the park's premises so the visitors can munch on refreshments and also a swimming pool for learners. Although renovations, landscaping and beautifications are planned, Rakh Bagh, a habitual space among locals. Given the lush green gardens and the cool ambience, the park is mostly crowded in the afternoon and weekends.

Nehru Rose Garden: Nehru Rose Garden is a beautifully landscaped garden in the heart of the city Ludhiana. Sprawling over an area 27 acres, this popular tourist attraction is home to over 17000 plants and 1600 varieties of roses. The vast lawns are perfect picnic spot with water fountains around it. Every night the fountains are illuminated with colorful lights and music. Although being one of the oldest and largest leisure spots in Ludhiana established in the year 1967, it's the most verdure spaces in the vicinity. The rose garden is a paradise for morning walkers and joggers. It provides a space for jogging and walking track within the enclosure. Apart from the fountains and landscape, the garden holds a planetarium at its entrance, boat rides in the artificial pool and mini zoo. The leisure activities keep children and youngsters engaged by providing some time to relax for the adults. Hence, it makes itself an ideal spot for all age groups. The annual rose festival, one of the most significant cultural events held every year attracts thousands of visitors around India.

Phillaur Fort or Maharaja Ranjit Singh Fort is located on the Grand Trunk Road in Phillaur, Punjab, India. During the reign of Shah Jahan (1628-1658) an Imperial sarai was constructed here and in 1809 it was rebuilt as a fort under the rule of Maharaja Ranjit Singh (1780–1839). It was designed by Dewan Mohkam Chand, with the assistance of Ranjit Singh's French and Italian generals. It was constructed as a response to the British, who built a fort in near by Ludhiana. In 1846 the British took control of the fort following the defeat of the Sikhs at the Battle of Aliwal. The fort remained under the control of the army until 1890 when it was transferred to the civil authorities, who used it as a police training centre. On 6 April 1973 it was renamed as 'Maharaja Ranjit Singh Fort' by the Punjab Government. Since 1981 it has been used as the Maharaja Ranjit Singh Punjab Police Academy.

Gurudwara Shri Manji Sahib (alamgir Sahib) is situated in the village Alamgir in Distt Ludhiana. Shri Guru Gobind Singh Ji, after his four sons & mother were martyred by the Mughals, was going from Machhiwara on a bed as " Uchh Da Pir" & reached here on 14 Poh 1761 Bikrami (1704 A.D.). On reaching here, one of the horse traders of

the village named Bhai Nigahia Singh, gifted a horse to GURU SAHIB. Nabi Khan & Gani Khan were sent back with the bed. GURU SAHIB asked an old lady who was picking cow dung whether he could get some water from somewhere to take bath to which the old lady replied that " Pir Ji this is a place of ruins, there is no water here. There is a well far away but there is a big python that lives there, no one goes there. GURU SAHIB Ji hit the python with an arrow & gave it "Mukti" (exemption from further transmigration) & the python fell into the well. When the Sikhs went to fetch water, the water had gone bad so close to where GURU SAHIB was sitting, GURU SAHIB hit one more arrow & there was a water spring that came out & all the sikhs had a bath. On seeing this miracle, the old lady fell into GURU SAHIB's feet & said "Peer Ji you are a wonderful Peer, I have a request.

Tiger Safari: Tiger Safari Zoo in Ludhiana is one of the perfect picnic spot for the children to chill and have a thrilling experience. You can even enjoy and explore this beautiful place with your friends, family, etc. It was established in the year 1993 and here one can see the sumptuous tigers freely wandering in the dense forest, black bucks, sambhars, rabbits and lots of peacocks. Tiger safari Ludhiana covers an area of 25 acres. In this zoo, you can see the bathing of the tigers in the pool and sleep under the bushes. In several zoo's you can see the tigers in a huge cage but here it is a very thrilling experience to see the group of tigers wandering freely in this zoo other than any other zoo. The visitants visit Tiger Safari, War Museum and Hardy's World in one round. Watching tigers relaxing in the sun delights the visitors. Yet not many people visit it on the weekdays.

Lodhi Fort: Lodhi Fort is one of the forts in the vicinity of Ludhiana in Punjab. Locally known as Purana Qila or Old Fort, it is a grand structure which now lies in ruins due to poor maintenance. The fort stands on a large piece of land now encroached from all sides. What was once the gateway to Sikander Lodhi's empire and the pride of Maharaja Ranjit Singh, now lies forgotten and in ruins. Surprisingly, a large percent of the local population is not even aware of the whereabouts of this fort. Even though the fort looks like a pretty ordinary ancient structure without invoking much interest of people, it does have a grand past.

Punjab Rural Heritage Museum: Inspired by Copenhagen open air museum, the Punjab Rural Heritage Museum showcases antiques from 18th and 19th century rural Punjab in its two storeys. The Phulkari section displays rich selection of the traditional Punjabi phulkari. The museum has on display traditional musical instruments like tumba, sarangi, nagara and vanjhili. There are also dioramas and mannequins displaying different facets of the rural life in Punjab. There is a wide collection of coin, old utensils, instruments grain storing utensils, carpentry tools etc. from the Indus valley civilization. Don't miss out on this place if one wants to understand Rural Punjab and its transformation over years. A must visit for history lovers.

Maharaja Ranjit Singh War Museum: The largest city in the state of Punjab, Ludhiana boasts of housing one of the most popular places to see in the state Maharaja Ranjit Singh War Museum. Spreading across four acres in area, this museum came into existence in the year 1999. The Punjab Government constructed the museum as a gesture of tribute to the courageous soldiers who struggled and laid their lives during various wars and battles that have been fought so far. Keeping up the museum with the International standards was the prime focus of the Government of Punjab. Located on the GT Road in Ludhiana, Maharaja Ranjit Singh War Museum not only pays homage to the soldiers but also educates the citizens of India about the role of defense. A majestic statue of Maharaja Ranjit Singh sitting proudly on a throne welcomes you as you enter the museum. It has 12 galleries with exhibits of different divisions like the Ancient History Gallery, Post Independence History Gallery, War Hero's Gallery, Air Force and Navy Gallery etc. The main hall displays pictures of the various Chakra winners, Chief Marshals, Generals and Admirals of Punjab. Two glorious lawns exhibit trophies of the Navy, Army and Air Force.

8:30AM-1:30PM Obstetrics Skills and Drills workshop

2:00PM-6:00PM Urogynecology workshop

8:30AM-1:30PM Basic Surgical Skills & Laparoscopy workshop

2:00PM-6:00PM Infertility workshop

8:30AM-1:30PM Well Woman workshop, FOGSI- Prevent the Preventable

2:00PM-6:00PM Basics of Imaging in Obstetrics and Gynecology workshop

7:00PM onwards Faculty Dinner & Showcase your talent

Scientific Program

8:00AM-8:45AM

(12+2min)

OBSTETRICS CRITICAL CARE: Making Quick Decisions

Assessment of critically ill obstetric patient **Dr Sujata Sharma**

Optimal utilization of resources at primary and secondary

health care facility **Dr Pratima Mittal**

Sudden Obstetric collapse **Dr Jyotsana Suri**

8:45AM-9:00AM **Near miss cases in obstetrics: Unravelling the bulk of Iceberg** **Dr Sadhana Gupta**

9:00AM-9:15AM **Prenatal screening-what, when and why?** **Dr Narendra Malhotra**

9:15PM-9:50AM

Panel Discussion: Induction of labor

Moderators: **Dr Meenakshi Ahuja, Dr Neharika Malhotra**

Panelists: **Dr Manjit Kaur Mohi, Dr Promila Jindal, Dr Shail Kaur, Dr Shamma, Dr Rohini Rao,**

Dr Anushree

9:50PM-10:30 AM

Panel Discussion: Critical and unexpected complications during Medical Termination of pregnancy

Expert: Dr Mangla Dogra

Moderators: **Dr Priyankur Roy, Dr Sandesh Ganjoo**

Panelists: **Dr Manjit Singh Sidhu, Dr Saroj Aggarwal, Dr Neelam Sodhi, Dr Ginny Gupta, Dr**

Nidhi

Lama

10:30AM-11:30AM

(12+2min)

ICOG session

4th Dimension in adolescent health **Dr Laxmi Shrikhande**

Demystifying APLA Syndrome **Dr Krishna Kumari**

Changing trends of Obstetrics Care **Dr Mala Srivastava**

Perinatal care for Fetus near viability: An Obstetrician

perspective **Dr Venus Bansal**

11:30AM-11:50AM

FOGSI-Dr Kamini A Rao Oration 2021
FOGSI for all, Always
Dheera: Stop Violence Against Women
Dr Avantika Gupta

Inauguration : Chief Guest : CM, Civil surgeon, awarding the Grassroots workers for Surakshit

Dharti: Surakshit Naari)

1:30PM-2:00PM

(12+2 Min)

Let's hear the masters

Saving the uterus: Internal iliac Ligation **Dr Madhuri Patel**

Tactics of optimizing cesarean section rate **Dr Aruna Suman**

Gestational trophoblastic Diseases-Recent Guidelines **Dr Basab Mukherjee**

2:30PM-3:00 PM **AFOG session:**

Gestational Diabetes: Providing optimum care

GDM today: NCD tomorrow

Dr Jaydeep Tank

Dr Preeti Kumar

3:00PM-3:45PM

(10+2 min)

Best Practice Guidelines

Changing face of contraception **Dr Shobha Gudi**

Intrahepatic cholestasis **Dr Gitanjali Kaur**

Managing a late preterm : When to refer ? **Dr Vikas Bansal**

3:45PM-4:30PM

Panel Discussion: Medicolegal issues in pregnancy (Moot court)

Moderators: **Dr M C Patel, Dr Richa Sharma**

Panelists: **Dr Sunila Soni, Dr Deepika Garg, Dr Ruchi Singla, Adv Ajay Jindal, Dr Poonam Maini,**

Dr Vineet Nagpal

4:30PM-5:15PM

(10+2 Min)

Newer Challenges in obstetrics care

Practice essentials in PIH **Dr Vidhu Modgil**

Autoimmune diseases in pregnancy **Dr Poonam Goel**

Right use of Antihypertensive Drugs in Preeclampsia **Dr Savita Singhal**

5:15PM-6:00PM

Panel Discussion: Rescue from difficult situations during caesarean

Moderators: **Dr Mitra Saxena, Dr Bhawana Sachdeva**

Panelists: **Dr Neena Singla, Dr Kulmeet Shah, Dr Sukriti Sharma, Dr Meenakshi Sharma,**

Dr H K Cheema, Dr Nishi Gupta, Dr Manpreet Sandhu

8:00PM onwards **Banquet Dinner**

8:00AM-8:45AM

(12+2min)

Endometriosis

One time surgery approach for endometriosis: What's the right time **Dr Arti Luthra**

Medical management of Endometriosis: Which drug and how long? (**Industry Sponsors**) **Dr Madhu Nagpal**

Endometriosis and infertility: the Indian perspective **Dr Kaberi Banerjee**

8:45AM-9:00 AM Unique 280 days of pregnancy: A peep into future **Dr Nandita Palshetkar**

9:00AM-9:50AM

(10+2min)

Infertility and subfertility

Ovulation induction: Indian perspective **Dr Nupur Sharma**

Tips and tricks of IUI **Dr Jyoti Bali**

Improving diagnosis of Adenomyosis and its implications on fertility **Dr Kanchan Sharma**

Recurrent implantation failure: Thinking outside the Box

(**Emcure Session**) **Dr Tarini Taneja**

9:50AM-10:30AM

(12+2min)

Odds and Ends

Primary ovarian insufficiency: Diagnosing it right and taking the right call **Dr Seema Pandey**

Genital Tuberculosis: Changing investigations and management protocols **Dr Umesh Jindal**

Choosing the right progesterone: efficacy and safety go hand in hand (**Sun Session**) **Dr Girija Wagh**

10:30AM-11:30AM

(12+2min)

ICOG session

4th Dimension in adolescent health **Dr Laxmi Shrikhande**

Demystifying APLA Syndrome **Dr Krishna Kumari**

Changing trends of Obstetrics Care **Dr Mala Srivastava**

Perinatal care for Fetus near viability: An Obstetrician perspective **Dr Venus Bansal**

11:30AM-11:50AM

FOGSI-Dr Kamini A Rao Oration 2021

FOGSI for all, Always

Dheera: Stop Violence Against Women

Dr Avantika Gupta

Inauguration: Chief Guest: CM, Civil surgeon, awarding the Grassroots workers for Surakshit

Dharti: Surakshit Naari)

1:30PM-2:10PM

Panel Discussion: Anemia in pregnancy - (Emcure Session)

Moderators: Dr Alka Sehgal, Dr Nidhika Chhabra

Panelists: Dr Priyanka Garg, Dr Mini, Dr Nishi Garg, Dr Gurpreet Batra, Dr Rajni Singla, Dr Manmeet, Dr Manu Singla

2:30PM-3:10PM

(10+2min)

Brain Teasers

Newer Nuances in Endometrial Cancer **Dr Lajja Goyal**

Vaginal pruritus across all ages **Dr Kiran Chandana**

Urinary incontinence-demystifying **Dr Achla Batra**

3:10PM-4:00PM

(12+2min)

Back to basics

Fothergill repair surgery: Revisited **Dr Ashima Taneja**

Managing Eclampsia **Dr Ruby Bhatia**

Colposcopy: Reading the Colposcopy images **Dr Sarita Shamsundar**

LBC & HPV : Counselling and management **Dr Asha Jain**

4:00PM-4:40PM

Total laparoscopic hysterectomies:

Refining the techniques of Minimal Access Surgery **Dr B B Dash**

Handling the complications **Dr Dinesh Kansal**

Energy sources **Dr Priyanka Garg**

4:40PM-5:20PM

Panel Discussion: Male Infertility

Moderators: Dr Arun Arora, Dr Amandeep Singh

Panelists: Dr Suman Puri, Dr Sarabjeet Singh, Dr Sayesha Bawa, Dr Anupama, Dr Mandeep Kaur,

Dr Sumita Sofat

5:20PM-6:00PM **Public Forum: Stopping the Female Feticide** **Dr Bharti Maheshwari**

8:00PM onwards **Banquet Dinner**

8:00AM-8:30AM

(10+2min)

Gynecology Cell

AUB: Recent Advances **Dr Shilpa Singh**

Endometrial hyperplasia **Dr Anjila Aneja**

8:30AM-9:30AM

Pregnancy needing attention

Obesity and pregnancy: A Challenge **Dr Pratibha Singh**

Pregnancy with Thyroid (**ABBOTT Session**) **Dr Rakhi Singh**
Teenage pregnancy: Management and counselling **Dr Chandan Kachru**
Liver Diseases in pregnancy **Dr H R S Girn**

9:30AM-10:30AM

(12+2 Min)

Scar pregnancy: diagnosis and management **Dr Poonam Goyal**

Workup of an infertile Couple **Dr Latika Aggarwal**

PCOS- Improving fertility outcomes (**Sun Pharma**) **Dr Reeta Mahey**

Sexual health at all ages: Unstated issues **Dr Alok Sharma**

10:30AM-11:30AM

(12+2min)

ICOG session

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1:30PM-2:00PM

(10+2min)

Biochemical Markers

Immunohistochemistry in Gynecology Tumors **Dr Bhupinder Kaur**

Preimplantation Genetic diagnosis: Benefits and Limitations **Dr Suboohi Rizvi**

Advances in molecular diagnosis of tuberculosis **Dr Amrinder Sekhon**

2:30PM-3:10PM

(10+2min)

Prenatal Tests

11-14 Weeks Scan- Where the newer protocols can take you **Dr Naveen Pereira**

Soft Markers- Management **Dr Neha Gupta**

Fetal reduction in monochorionic scenarios **Dr Jaya Chawla**

3:10PM-3:50PM

Panel Discussion: Chronic Pelvic Pain: Solving an Enigma

Moderators: **Dr Sangeetha Pahwa, Dr Shweta Gupta**

Panelists: **Dr Monika Aggarwal, Dr Seema Jindal, Dr Sangeeta Gupta, Dr Deepika Garg,**

Dr Uravshi Miglani, Dr Arti Sharma, Dr Ardhana Bundela Singh, Dr Arvind Sharma, Dr Sonal

Garg

3:50PM-4:30PM

(10+2min)

Gynecology Cosmetology

Hymenoplasty: Surgical techniques **Dr Ravinder Tah**

Vaginoplasty: What's new? **Dr Priti Jindal**

Scope of cosmetic Gynecology **Dr Navneet Magon**

4:30PM-5:10PM

(10+2min)

Nutrition Cell

Safe Motherhood **Dr Harpreet Kaur**

Thin Endometrium : A Dilemma **Dr Vijaydeep Kaur**

Vaginal probiotics: New Kid On the Block **Dr Sapna Khullar**

8:00PM onwards **Banquet Dinner**

8:00AM-9:00AM

(12+2min)

Foetal Medicine: Current Issues

Management of Rh Allo-immunisation in pregnancy **Dr Priyanka Sharma**

Single Fetal Demise **Dr Amrit Pal Kaur**

Twilight zone in second trimester anomaly scan **Dr Anita Kaul**

Amniotic fluid abnormalities **Dr Manpreet Kaur Tehalia**

9:00AM-10:00AM

Panel Discussion: Identification and timely interventions in complications of laparoscopic surgery

Moderators: **Dr Bhaskar Pal, Dr Zennie Girn**

Panelists: **Dr Gursimran Khurana, Dr Vani Puri, Dr Ajay Aggarwal, Dr Nidhi Gupta, Dr Amit**

Sofat

10:00AM-11:00AM

(15+2min)

Pearls of wisdom

Fertility Preservation **Dr Hrishikesh Pai**

Saving the Uterus **Dr Kavita Bapat**

Hysteroscopy: The Fourth Eye **Dr Fessy Louis**

11:00AM-12:00PM

(12+2min)

Imaging in Obstetrics and Gynaecology

Evaluating a compromised foetus: Does Doppler say it all? **Dr Maneet Kaur**

Imaging in ectopic **Dr Ladbans Kaur**

Infertility: All that an ultrasound can tell **Dr Sonal Panchal**

IOTA screening: Simple rules **Dr Chetanaya Nagori**

12:00PM-12:20PM

FOGSI Dr Kamini A Rao Oration 2022

FOGSI for all, Always

Dheera: Stop Violence Against Women

Dr Nilanchali Singh

12:20PM-1:20PM

(12+2min)

Cancer Updates

Removal and conservation of ovaries during hysterectomy **Dr Nidhi Jindal**

Surgical horizons in cervical cancer: the newer approach **Dr Rupinder Kaur**

Risk reducing surgery in patients at increased risk of Ovarian

Cancer **Dr Ravinder Kalkat (UK)**

1:20PM-2:00PM

Panel Discussion: Get your Grip: Obstetric Genetics case scenarios in day-to-day practice

Moderators: **Mod-Dr Deepika Deka, Co Mod-Dr Anubhuti Rana**

Panelists: **Dr Richa Kansal, Dr Pradeep Kumar Sharma, Dr Shalini Aggarwal, Dr Ritika Bajaj, Dr Veronika, Dr Anshu Yadav, Dr Aradhana Aggarwal, Dr Harpreet Isher**

2:30PM-3:15PM

(12+2min)

Menopausal Health

Management of postmenopausal bleeding **Dr Sunita Goyal**

Post Menopausal Osteoporosis **Dr Anita Sabharwal**

GSM management: A Practical guide for practitioners **Dr Ruchi Bhargava**

3:15PM-4:00PM

Panel Discussion: Investigating Stillbirths: The Sherlock Holmes Approach

Moderators: **Dr Bharti Sharma, Dr Arti Tuli**

Panelists: **Dr Ritambhara Bhalla, Dr Seema Sharma, Dr Garima Hind, Dr Anupam Gupta,**

Dr Naveen Bajaj, Dr Radhika

4:00PM-5:00 PM **How to make your money work for you? Mr Rajesh Kumar (IDFC)**

5:00PM-6:00 PM **Prize distribution Ceremony**

8:00AM-8:50AM

(12+2min)

Preterm Labour

Cervical length screening for prevention of preterm labor

(Abbott Session) Dr Archana Baser

Preterm premature rupture of membranes: What's new **Dr Pikee Saxena**

Preterm labour: Prediction and Prevention strategies **Dr Kiran Guleria**

8:50AM-9:30AM

Panel Discussion: Recurrent Pregnancy Loss (Abbott Session)

Moderators: **Dr Manju Puri, Dr Kanupriya Jain**

Panelists: **Dr Chetnaya Nagori, Dr Neetu Lekhi, Dr Archana Sharma, Dr Sheibba Mittal,**

Dr Deepshikha Goel

9:30AM-10:30AM

PPH

Medical management **Dr Kiranmai Devineni**

Chhattisgarh/Bakari balloon **Dr Anshu Baser**

Massive transfusion protocol **Dr Monika Gupta**

10:30AM-11:15AM

Panel Discussion: Demystifying Early and late Fetal Growth restriction

Moderators: **Mod- Dr Renu Makhwana, Co Mod- Dr Pooja Tandon**

Panelists: **Dr Shefali Mahindru, Dr Sandeep Kaur, Dr Amarpreet Marwah, Dr Barbie Sharma, Dr Jagpreet Kaur, Dr Monika Aggarwal**

11:15AM-12:15PM

(10+2min)

Medical Disorders in Pregnancy

Peripartum cardiomyopathy **Dr Nishu Priya**

Epilepsy and pregnancy **Dr Nivedita Jha**

Pneumonia and pregnancy **Dr Gurpreet Singh**

Acute renal shut down in pregnancy **Dr Aarti Khurana**

12:00PM-12:20PM

FOGSI Dr Kamini A Rao Oration 2022

FOGSI for all, Always

Dheera: Stop Violence Against Women

Dr Nilanchali Singh

12:15PM-1:00PM

Panel Discussion: Termination of pregnancy in tough clinical scenarios

Moderators: **Dr Rohini Rao, Dr Tapasaya Dhar**

Panelists: **Dr Dinesh Pathak, Dr Vanita Munjal, Dr Rini Brar, Dr Suchita Goyal, Dr Radhika Raturi,**

Dr Harsha Mittal

2:30PM-3:10PM

(10+2min)

Gynaecology cell

Adolescent PCOS **Dr Kanchan Prasad**

Primary amenorrhea: reaching a diagnosis **Dr Monika Verma**

Secondary amenorrhea: Investigations and management **Dr Shaheen**

3:10PM-3:50PM

(10+2min)

Obstetrics Cell

Cardiotocography: antepartum and intrapartum fetal surveillance **Dr Deepika**

Labor analgesia **Dr Suneet Kathuria**

Postpartum Depression: Let's Talk **Dr Chitvan Singh**

4:00PM-5:00PM **Paper Presentation**

NAIPUNYA Workshop

8:00AM-10:00AM

PICSEP Workshop

Inauguration and Editor in Chief's Message **Dr Geeta Balsarkar**

Selection of a topic of research Guide's Role **Dr Mala Srivastva**

The art and science of scientific writing **Dr Richa Sharma**

Literature search and referencing **Dr Dinesh Pathak**

Basics of medical statistics **Dr Aikaj Jindal**

Ethical principles guiding research **Dr Kavita M Bhatti**

10:00AM-11:00AM **Dr Usha Krishna Quiz**

11:00AM-2:00PM **Paper Presentation**

2:30PM-4:00PM **Paper Presentation**
4:00PM Onwards **Prize distribution Ceremony**

20 Min Induction of Labor Revisited **Dr Rashmi Bagga**
20 Min Electronic Intrapartum Fetal Monitoring – Universal /
Selective **Dr Bharti Joshi**
20 Min Fluid Management in Labor **Dr Jyotsna Suri**
10 Min “VBAC and Breech Vaginal Delivery
– Are they Extinct ?” **Dr Sunita Goyal**
20 Min “AMTSL – What’s New
– Practices & Guidelines” **Dr Sunil Juneja**
20 Min “Robson Classification for Cesarean
– Significance” **Dr Alok Sharma**
15 Min ERAS – As Applied to Cesarean Section **Dr Ginny Gupta**
20 Min “Second Stage Cesarean Section
– Difficult Extractions” **Dr Ratna Biswas**
20 Min PPH Management – {Carbetocin} – New Kid on the Block **Dr Seema Grover**
20 Min Step-wise Uterine Devascularisation **Dr L K Dhaliwal**
20 Min Cesarean Hysterectomy **Dr Reeti Mehra**
20 Min Peri-mortem Cesarean **Dr Pratima Mittal**

25 Min Surgical anatomy of pelvic floor & principles of retro
peritoneal dissection **Dr. Gursimran Kaur**
25 Min Overactive bladder & urodynamics - Case based discussion **Dr. Zeenie S. Girn**
25 Min Is all pelvic pain uterine-Getting to know interstitial
cystitis/bladder pain syndrome **Dr. Ranjana Sharma**
20 Min Options for treating stress incontinence burch vs slings **Dr. Akhil Saxena**
25 Min TEA
25 Min Managing Vulvular prolapse and uterus preserving surgeries
in prolapse **Dr. Amita Jain**
25 Min Urology for the gynaecologist - Cystoscopy and Handling
your complications **Dr. Jaspreet Chhabra**
40 Min Case based panel discussion **All Speakers / Panelists +
Medicolegal**
Dr. Zeenie S. Girn & Dr. Gursimran Kaur
30 Min Post - Workshop Quiz & Concluding ceremony

10 min Tour of Operation theatre **Dr Sheerin**
10 min How to decide abdominal incision **Dr Manu Singla**
10 min Knots and Sutures **Dr Tapasaya Dhar**
10 min What's new in techniques of cesarean? **Dr Manpreet Kalra**
15 min Complications of cesarean section **Dr Lakhvir Dhaliwal**
15 min Tackling difficult Abdominal Hysterectomy: pelvic LN dissection **Dr Amarinder Singh**
15 min Practical anatomy for Vaginal hysterectomy **Dr Kawita Bapat**
15 min Step by step Procidentia surgery **Dr Saroj Aggarwal**
15 min Debate : Non descent vaginal Hysterectomy vs TLH **Dr Manjit Singh Sidhu**

Session 2: LAPAROSCOPY

20 min Pelvic Anatomy as seen through a laparoscope **Dr Subhash Mallya**
20 min Tackling adnexal masses laparoscopically **Dr Nikita Trehan**
20 min Tips and tricks of laparoscopic Myomectomy **Dr BB Dash**
20 min Simplifying TLH **Dr Suman Puri**
20 min Fertility enhancing surgery **Dr Ajay Aggarwal**
20 min Basis of hysteroscopy **Dr Riddhi**
1:00PM-2:00PM **1 Hour of work station**
Hysteroscope Station: Dr Ridhi
Endotrainer station: Dr Gursimran Khurana
Knots and Sutures Station: Dr Gagan & Dr Divya

Role play on Workup of an infertile couple
15 Min Married for 2 yrs in their 20s **Dr Manisha**
15 Min Married for 2 years in their late 30s **Dr Bakul**
15 Min PCOS/ ENDOMETRIOSIS **Dr Vijaydeep**
20 min Ovulation induction protocols for IUI **Dr Surveen Ghumman**
20 min IUI ... how to improve success rates **Dr Ekkika Singh**
20 Min Case Selection in IVF and ICSI **Dr Lovleen Sodhi**
40 Min Routine semen analysis... reporting and interpretation **Dr Amandeep Singh**
20 Min
"Management Oligoasthenozoospermia & teratozoospermia
a. How to investigate
b. Treatment options
Dr Sunil Jindal
50 Min Panel discussion: Role of imaging and lapro/ hysteroscopy in improving Success rates in ART
Moderators: Dr Anshu Jindal, Dr Rimmy Singla
Panelists: Dr Ritu Nanda Dr Surveen Dr Ekika Dr Shikha Gupta Dr Kanchi Khurana

8:30AM-9:30AM Zumba Session

10:00AM-1:00PM Well woman workshop

15 min Screening after forty-A window of opportunity **Dr Maninder Ahuja**

45 min

Nutrition Facts and Fads - Dialogue With the experts

Moderators: Dr Ritu Khanna, Dr Vaneet Kaur

Panelists: Dr Poonam Rastogi, Dr Mini Birender, Dr Poonam, Dr Vaneet Kaur Shelly, Dr

Vidhu Modgil, Dr Gurpreet, Dr Vaneet Kaur

45 min

Menopause: Let's make it a smooth transition

Moderators: Dr Kavita Mandrella, Dr Meeta Gupta

Panelists:

20Min Jee lo Zidagi -Let's all make it with Zumba **Dr Anita Dr Kavita**

5 Min Rapid fire 3 ques Am I aging well **Dr Poonam**

Session 3

15 min Skin Care and anti-aging: Gynaecologist's self-care perspective **Dr Ruchi, Dr Vaneet Kaur**

5 Min Snippet: Quick skin Care **Dr Shweta Dr Poonam**

(IN ASSOCIATION WITH FOOD & DRUG COMMITTEE: DR RITU KHANNA, CHAIRPERSON)

45 min The Early Pregnancy Scan: **Dr Chander Mohini**

20 min Counseling 1st Trimester Screening **Dr Apoorva Reddy**

15 Min The Why, When and How of Third Trimester Ultrasound: **Dr Meetan Preet Batra**

15 Min Fetal Frowth Restriction (FGR): **Dr Narendra Malhotra**

15 min Doppler Basics: **Dr Jyotsna Gupta**

15 min The Machine: Basics **Dr Nidhika Chhabra**

Gynaecology

Baseline Gynaecology Scan **Dr Neharika Malhotra**

30 Min

Panel Discussion: Common Uterine Pathologies: Diagnosis and Reporting:

Moderator: Dr Divya Singh

Panelists: Dr Rohini Rao, Dr Harnoor Gill, Dr Anantjit Rudra

30 Min

Panel Discussion:

Moderator:
Panelists:
20 Min Infertility

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